



HEALING INTERGENERATIONAL TRAUMA

Sandy White Hawk

Currently

Elder in Residence at the Indian Child Welfare Law Center

ICWA Consultant

History

- Indian Child Welfare Consultant
Hennepin County
- Founder First Nations Repatriation
Institute
- Native American Student Advisor
Madison Area Technical College



Ann Haines Holy Eagle

Currently

- Indian Advocate – ICWA Law Center

History

- Intake_Coordinator_Methadone_Clinic
- Founder of the Wolves Den
- Youth Specialist at Emergency Shelter
- Elders Lodge and Breaking Free



The ICW Law Center works to strengthen, preserve and reunite Indian families, consistent with the mandates and spirit of the Indian Child Welfare Act.

Justice, Engagement, Collaboration, and Understanding.



What is
healing?

The process of
making or
becoming
sound or
healthy again.

Gaining
balance.



HEALING

HEALING DOESN'T HAVE A TIME LINE



Progression for Healing and Change

- Individual – self reflection – compassion
- Family - unhealthy patterns change – compassion
- Community – collective healing initiatives

Culture is Healing

Ceremonies

Therapy

12 Step Programs

Wellbriety Programs

Pow wows

Social Gatherings

Visiting

Songs

Talking Circles

Beading – Sewing



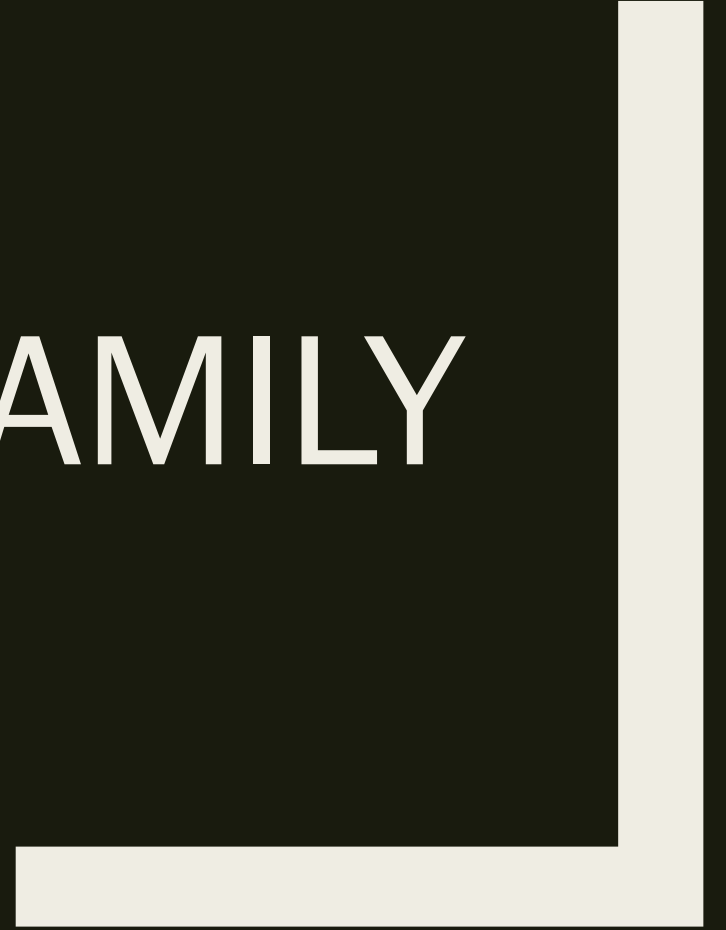
INDIVIDUAL



Mending Broken Hearts



FAMILY



Three Generations



Becky Black Family

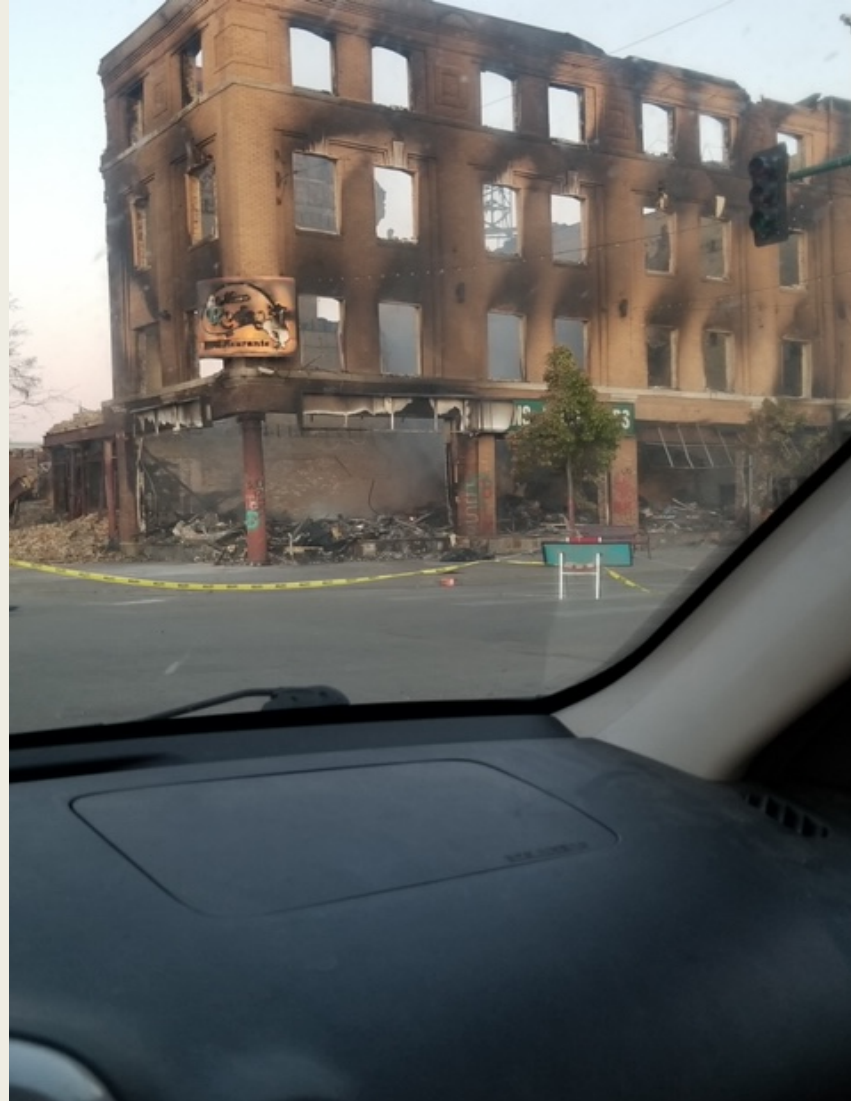
Quileute and Tulalip



COMMUNITY



Community Response



George's Memorial



AIM and Native Lives Matter Supporting Black Lives Matter



Protectors not Protestors



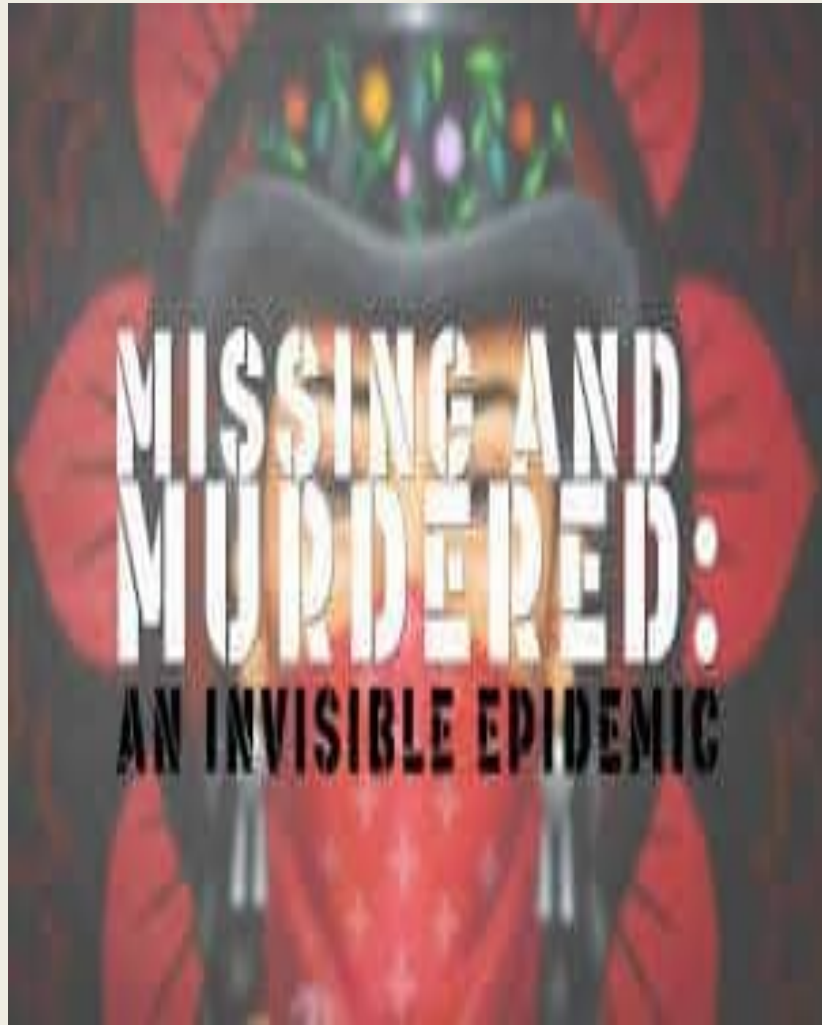
**Protests
bring sense
of Purpose
Identity
Belonging
Responsibilit
y**



We heal when we support other communities



Raising Voices for the Voiceless





Neural Pathways

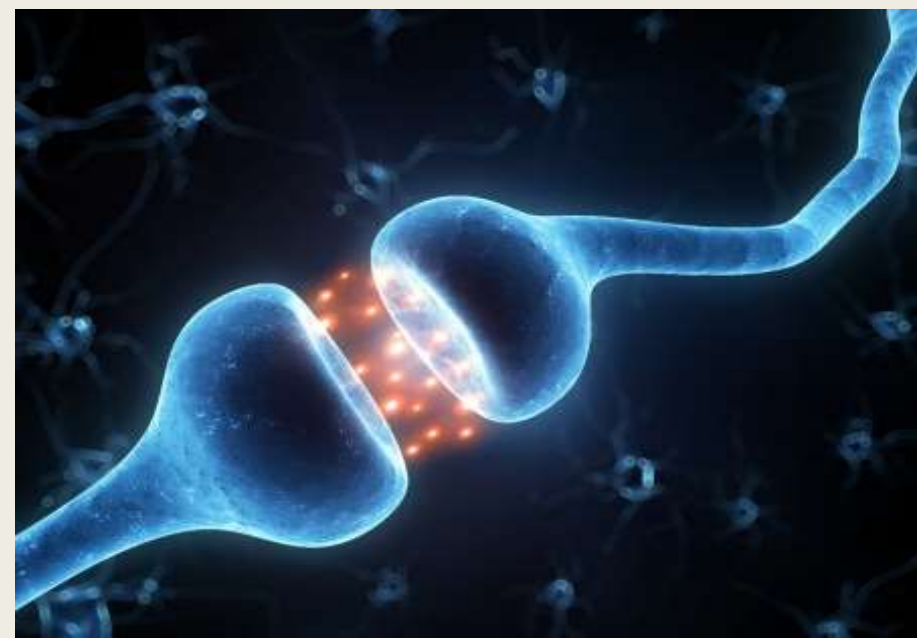
Healing the mind to change behavior

3 things needed to create
new neural pathway

Wound is acknowledged

Movement – Honor Song

Repetition – Dancing





BE KIND.

BE COMPASSIONATE
WITH YOURSELF.

Individual Family Community 3 things needed to create new new

Wound is acknowledged

Song is a medicine

Movement – Honor Song

White Earth Adoptees/Birth Parents/Fostered Individuals

Wiiazhegii Wem

There is a returning

June 7, 8, 9 2018

Shooting Star Casino
Mahnomen, MN

The White Earth Band of Ojibwe recognizes the importance of acknowledging all its relatives and wishes to provide a time of healing. Our community has been deeply impacted by systematic child removal, especially prior to the passage of the Indian Child Welfare Act. It is time to welcome our adoptees back home, nurture our birth parents, to come together and provide healing and reconnecting.

White Earth will be offering a community forum and healing including: spiritual teachings, education, and the opportunity to connect & learn more about our history. Come join us for an opportunity to learn more about our ceremonies and teachings in an accepting and welcoming way!

On Saturday, June 9th at the annual White Earth Pow Wow we will welcome our adoptee/fostered/birth parent relatives with an honor song.

Forum – June 6,7,8 2018 at the Shooting Star Casino, Mahnomen MN.

Wednesday 6:00 p.m. reception

Thursday - 9:00 a.m. – 4:00 pm

*Full moon ceremony in the evening

Friday – 9:00 a.m. – 4:00 pm

*Sweat lodge ceremony in the evening

Please register, as we are providing all meals and need to know for planning. Block of rooms reserved at Shooting Star Casino under Welcome Home Gathering

For questions and registration please contact:

Sandy White Hawk
(651) 442-4872

sandy.whitehawk@whiteearth-nsn.gov
or Carolyn French (218) 983-3286
carolyn.french@whiteearth-nsn.gov

Individual Family Community 3 things needed to create new neuralpathway

Wound is acknowledged

Song is a medicine

Movement – Honor Song



SICANGU LAKOTA OYATE ADOPTEES
Welcome Home Gathering
Wičoičage Aki Un Kuṕi
“Generation After Generation, We Are Coming Home”

**Saturday,
August 29, 2015**
Rosebud Wacipi Arena, SD

The Rosebud Sioux Tribe will host a Welcome Home Ceremony during the Annual RST Wacipi & Fair for our relatives who have been adopted out or grew up in foster care. This is also an invitation to birth mothers, birth fathers, grandparents and any other relatives touched by adoption. We welcome you to attend this special ceremony of healing the grief caused by the years of separation from family and community.

Welcome Home Ceremony to begin After Saturday Evening Grand Entry.
Gathering for Adoptees to be held from 10:00 am - 5:00 pm on Saturday,
with Location TBA.

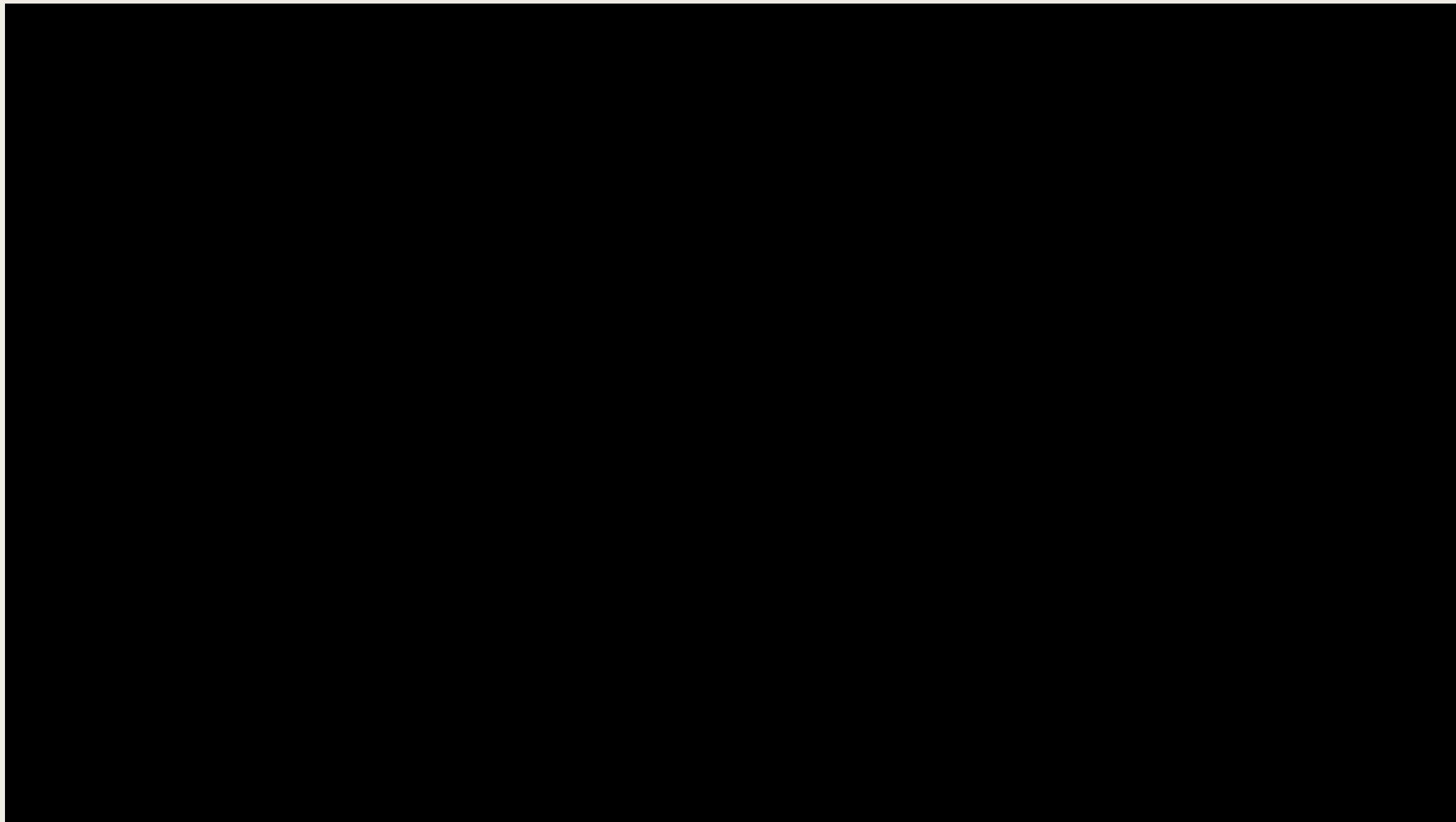
For More Info & Any Questions,
Please Contact,

Sandy White Hawk: www.wearecominghome.com
(651) 442-4872
sandywhitehawk@gmail.com

Marlies White Hat:
(605) 856-8203
marlies.whitehat@sintegleska.edu

Hugs release oxytocin stimulates social memory







Ceremonies restore
the innocence in our
heart and spirit
instilling hope.

Create a sense of
Dignity

Pride

Sense of Belonging
and

Self-esteem

In Closing, I Try to Remember this Daily

- As Indian people, we are incredibly strong.
- We will experience loss.
- We will experience blessings.
- We can and are surviving and thriving during this crisis.
- The best of who we are is being revealed in the work and expressions of our communities.

Thank you!

Contact information:

Sandy White Hawk

sandy@icwlc.org

651-442-4872

Ann Haines-Holy Eagle

ann@icwlc.org

6xx-xxx-xxxx

Stand in Solidarity with Black Lives Matter

Contributing with song



Marching in support

